



سكوله سينت جورج ST. GEORGE'S SCHOOL

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NOTICE

Our Ref: SGS/SC/P/777
Date: 18th May, 2017
To: All Parents & Guardians Concerned

HAND, FOOT AND MOUTH DISEASE (HFMD) & CHICKEN POX

Lately, the school has noted that a number of children had been found to have contact with HFMD and chicken pox since last April. HFMD and chicken pox are both mild viral infection.

HFMD and chicken pox are contagious diseases. They are spread when the infected person has personal contact with another person, the air (through coughing or sneezing) or contact with contaminated objects and surfaces.

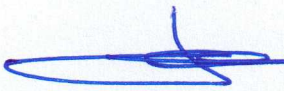
HFMD usually begins with a mild fever and a runny nose. This is followed by a sore throat and the appearance of a blister-like rash in the mouth, on the hands and feet. Meanwhile, the symptoms for chicken pox are high fever, body aches and headache often start a day or so before rashes appear. Rashes will develop into small blisters and are itchy.

If you find your child/children to have the symptoms, you are advised to immediately bring them to the clinic. Do remember to ask for a Medical Certificate (MC) for your child/children and submit the MC to the school.

As both HFMD and chicken pox produces rashes, only when the blisters are dry and crusted then they are considered safe to go to school. We have found that private clinics only give 3 days of MC but for government clinic give 8 days of MC. Therefore, it is advisable that your child/children is/are quarantined at home for 8 days before coming back to school.

Your cooperation is very much appreciated.

'Honour and Labour'


JANIDI JINGAN
Principal

